

# ACTIVITIES FOR TEACHING POSITIVE PSYCHOLOGY: A Guide for Instructors

## Table of Contents

Contributors

Foreword: Deciding Where to Stand

*Jane S. Halonen*

Preface

Teaching About Controversial Issues: An Introduction

*Dana S. Dunn, Regan A. R. Gurung, Karen Z. Naufel, and Janie H. Wilson*

### **I. Guiding Frameworks for Teaching About Controversial Issues**

1. Frames of Reference: Social Psychological Perspectives for Teaching About Controversial Matters  
*Dana S. Dunn, Regan A. R. Gurung, and Karen Z. Naufel*
2. Preventing and Handling Classroom Disruptions  
*Kristin M. Vespia and Tonya E. Filz*
3. Treating Students as Early-Career Professionals: The Ethics of Teaching  
*Maureen A. McCarthy and R. Eric Landrum*

### **II. Helping Students Arrive at an Empirically Based Conclusion**

4. Seven Tools for Teaching Evolutionary Psychology  
*David M. Buss*
5. Hitting Close to Home: Teaching About Spanking  
*Elizabeth T. Gershoff*
6. Sexual Orientation, Marriage, and Students of Faith  
*David G. Myers*
7. Addressing the Role of Animal Research in Psychology  
*Suzanne C. Baker and Sherry L. Serdikoff*

### **III. Opening Consideration of Multiple Views**

8. Overcoming Discomfort When Teaching About Evil and Immorality  
*Karen Z. Naufel*
9. Anticipating and Working With Controversy in Diversity and Social Justice Topics  
*Cheryl B. Warner, Rosemary E. Phelps, Delishia M. Pittman, and Carla S. Moore*

10. Gender Matters: Engaging Students in Controversial Issues  
*Elizabeth Yost Hammer and Eugenia M. Valentine*
11. Teaching About Race and Ethnicity  
*Mary E. Kite*
12. Spirituality and Religion: How Contexts, Developmental Processes, and Personal Experiences Influence Behavior  
*Dean D. VonDras*
13. Disability as Diversity Rather Than (In)Difference: Understanding Others' Experiences Through One's Own  
*Dana S. Dunn, David J. Fisher, and Brittany M. Beard*
14. Health Psychology and Policy: When Politics Infiltrates Science  
*Regan A. R. Gurung and Daniel Bruns*

#### **IV. Concluding Thoughts and Going Forward**

15. Using Controversies to Teach Scientific Thinking in Psychology: Topics and Issues  
*Jeffrey D. Holmes*

Index

About the Editors